



Every Student is Eligible for 1 FREE MEAL Each Day

OCTOBER 2026

Secondary Schools

Daily Alternates:

HS & RAMS: Pizza, Pasta with Garlic Butter and choice of Meat or Marinara Sauce, Chicken Patty, Turkey Sandwich, and Salads

RAMS ONLY: Sunbutter and Jelly Sandwich

subject to availability

Monday

Tuesday

Wednesday

Thursday

Friday

If your household is experiencing food insecurity, use this link to reach out to Project Bread's FoodSource Hotline



5

(V) Toasted Ravioli
Marinara Sauce
Seasoned Fries
Peas

6

Beef Nachos
Tostitos
Salsa, Lettuce
Mexican Bean Salad

7

Double Dogs
Tangy Cucumber Salad
Lays Chips
Green Beans

8

(V) Egg, Bacon, Cheese
Croissant
Hash Brown
Carrots

9

(V) Pizza
Garden Salad

12

No School
Indigenous Peoples' Day

13

(V) Mozzarella Sticks
Marinara Sauce
Seasoned Fries
Corn

14

(V) Texas Toast Grilled Cheese
Tomato Soup
Red Pepper Strips

15

(V) Mac & Cheese
Broccoli
Dinner Roll

16

(V) Pizza
Roasted Cauliflower

19

(V) French Toast Sticks
Hash Brown
Beef Sausage Patty
Carrots

20

Spicy Chicken Tenders
Mashed Potatoes
Peas

21

Meatball Grinder
Lays Chips
Mixed Vegetables

22

Chicken & Broccoli Alfredo
Garlic Knot

23

(V) Pizza
Celery & Green Peppers

26

Chicken Nuggets
Mashed Potatoes
Spinach Salad

27

(V) Bread Cheese Sticks
Marinara Sauce
Sweet Potato Fries

28

Crumbled Cheeseburger Sub
Finley Bean Salad
Lays Chips

29

(V) Scrambled Eggs
English Muffin
Hash Brown
Corn

30

(V) Pizza
Celery & Green Peppers
Ranch Dip

ALL MEALS INCLUDE MILK, FRUITS, AND VEGETABLES

ASSORTED FRUITS, VEGETABLES, AND MILK OFFERED DAILY
(V) = VEGETARIAN OR VEGETARIAN OPTION AVAILABLE

This institution is an Equal Opportunity Employer. Menus subject to change without notice.
For the most up to date menu, refer to the calendar menu on our website.

If you have a food allergy, please contact our food service office at 508-429-0673 before purchasing a meal.

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com